

Move Into 2018

Wellness Packages

Pilates

~ Free Assessment with
4-Pack of Pilates with
Kelly (\$110 value)

\$360

Post-Partum

~ Free Assessment with
4-pack of Pilates with
Erin (\$125 value)

\$400

Ballet Barre

15% Off

4 Ballet Barre classes and
4 Private Pilates sessions

\$442

Pilates Basics

Learn how to elongate and
align your body through
Movement Principles.

Every Wednesday at 5pm

January 3rd – 31st

\$200



NEXUS STUDIO
OF MONTEREY

Don't Miss Out!

**Packages Available
January 1st - February 1st,
2018**



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Email: nexus@nexusstudiopt.com